

National Drug Court Institute Drug Court Training

Revisiting Phases: Risk Matters

Developed by: National Drug Court Institute

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Why have Phases?

Structure

Recovery Process

Incremental Progress



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Congratulations



Types of Phases



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Court Requirements

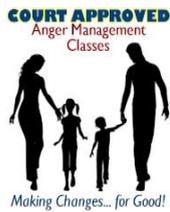
- Comply with treatment
- Comply with supervision
- 12 Step / Support Meetings
- Community Service
- Employment
- Program Fees/Court Costs
- Phase Advancement
- Alumni/Continuing Care



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Court Requirements:

- Court Appearances
- Drug Tests
- Crime Free
- Clean Time
- Curfew
- Ancillary Services
- Case Management
- Educational/Vocational Training/GED
- Drug-Free/Pro-Social Activities



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Sample Phases



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Practical Implications

High Needs
(dependent)

Low Needs
(abuse)

High Risk

Low Risk

<ul style="list-style-type: none"> ✓ Status calendar ✓ Treatment ✓ Pro-social & adaptive habilit. ✓ Abstinence is distal ✓ Positive reinforcement ✓ Self-help/alumni groups ✓ ~ 18-24 mos. (~200 hrs.) 	<ul style="list-style-type: none"> ✓ Status calendar (until stable) ✓ Treatment (separate milieu) ✓ Adaptive habilitation ✓ Abstinence is distal ✓ Positive reinforcement ✓ Self-help/alumni groups ✓ ~ 12-18 mos. (~150 hrs.)
<ul style="list-style-type: none"> ✓ Status calendar ✓ Pro-social habilitation ✓ Abstinence is proximal ✓ Negative reinforcement ✓ ~ 12-18 mos. (~100 hrs.) 	<ul style="list-style-type: none"> ✓ Noncompliance calendar ✓ Psycho-education ✓ Abstinence is proximal ✓ Individual/stratified groups ✓ ~ 3-6 mos. (~ 12-26 hrs.)

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Phase I Acute Stabilization (60 days)

- Court weekly
- Comply with treatment
- Comply with supervision
- Develop case plan
- Weekly office visit
- Monthly Home visits
- Weekly random drug testing (minimum of 2)
- Address housing
- Obtain medical assessment
- Change people, places and things
- Curfew 9 pm

In order to advance:

- Regular attendance at treatment, office visits, being honest
- Clean time minimum of 14 consecutive days



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**Phase 2
Clinical Stabilization (90 days)**

- Court bi-weekly
- Comply with treatment and supervision
- Review case plan
- Weekly office visit
- Monthly Home visits
- Weekly random drug testing (minimum of 2)
- Change people, places and things
- End of the phase begin to focus on Peer Support Groups(e.g., 12 step groups)
- Maintain housing
- Addressing financial (budget assessment)
- Curfew 10 pm



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**Phase 2
Clinical Stabilization (90 days)**

In order to advance:

- Compliance with treatment,
- Compliance with supervision
- Clean time minimum of 30 consecutive days



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**Phase 3
Pro-Social Habilitation (90 days)**

- Court monthly
- Comply with treatment and supervision
- Review case plan
- Relapse prevention
- Bi-weekly office visit
- Monthly Home visits
- Weekly random drug testing (minimum of 2)
- Maintain housing
- Address medical
- Change people, places and things
- Begin Criminal Thinking
- Establish sober network
- Establish pro-social activity

Curfew 11 pm



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**Phase 3
Pro-social Habilitation (90 days)**

In order to advance:

- Compliance with treatment
- Compliance with supervision
- Began pro-social activity
- Began sober support network
- Clean time minimum of 45 consecutive days



**Phase 4
Adaptive Habilitation (90 days)**

- Court monthly
- Comply with treatment and supervision
- Review case plan
- Bi-weekly office visit
- Monthly home visits
- Weekly random drug testing (minimum of 2)
- Maintain housing
- Addressing medical
 - Change people, places and things
- Maintain Sober Network
- Maintain Pro-social Activity
- Curfew 12 am
- As need based upon assessment:
 - Job Training
 - Parenting/Family Support
 - Vocational Training



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**Phase 4
Adaptive Habilitation (90 days)**

In order to advance:

- Compliance with treatment,
- Compliance with supervision
- Maintain sober support network
- Maintain pro-social activity
- Began/maintain other areas (employment, etc.)
- Clean time minimum of 60 consecutive days



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Phase 5 Continuing Care (90 days)

- Court monthly
- Comply with treatment and supervision
- Review case plan
- Monthly office visit
- Monthly home visits
- Maintain housing
- Addressing medical
- Random drug testing
- Development of continuing care plan
- Demonstrate change of people, places and things
- Maintain Pro-Social Activity
- Maintain Sober Network
- Maintain as need based upon assessment:
 - Job Training
 - Parenting/Family Support
 - Vocational Training



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Phase 5 Continuing Care (90 days)

In order to commence:

- Compliance with treatment
 - Compliance with supervision
 - Maintain Pro-Social Activity
 - Maintain Sober Network
 - Maintain as need based upon assessment:
 - Job Training
 - Parenting/Family Support
 - Vocational Training
- Clean time minimum of 90 consecutive days



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There's A Lot To Remember



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Sample Weekly Sheet

Date/Day	Time	Activity – Goal	Initials
Monday	06:00 am	Take prescription meds with breakfast	
Monday	08:00 am	Obtain picture I.D.	
Monday	2 – 4 pm	Attend Thinking for Change Group	
Tuesday	1 – 4 pm	Dialectical Behavior Therapy (DBT) Group	
Wed.	1 – 4 pm	Dialectical Behavior Therapy (DBT) Group	
Thursday	1 – 4 pm	Dialectical Behavior Therapy (DBT) Group	
Friday	1 – 2 pm	Individual Session	



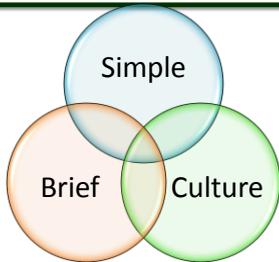
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Considerations



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Client Handbook/Contract



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EVALUATIONS

Please remember to fill out your evaluations!

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